

Morning prayer at a time of Coronavirus outbreak

Introduction

Good morning sisters and brothers in Christ. I Offer the following act of worship as a prayer resource to be used for morning time. Please feel free to make the suggested moments of silence as short or as long as you wish; they are there to help us ponder and reflect on the words we are saying.

Let us be quiet before our time of prayer

Silence

Because Christ has passed through the time of suffering, he is able to help those in time of trial.

Let us wait upon the God of heaven and earth.
Let us worship in spirit and in truth.

Silence.

O Lord, open our lips,
And we shall praise your name.

Send out your light and truth to be our guide;
Let them lead us to your holy hill, to your dwelling place.

Prayer

Blessed are you, Lord our God,
Giver of life,
Father, Son and Holy Spirit
At the beginning of this day
You call us out of darkness
Into your marvelous light.
Blessed are you for ever and ever. **Amen**

**Glory to the Father and to the Son
and to the Holy Spirit
as it was in the beginning, is now,
and shall be forever. Amen.**

A Song of Anselm

- 1 Jesus, like a mother you gather your people to you;
you are gentle with us as a mother with her children.
- 2 Often you weep over our sins and our pride,
tenderly you draw us from hatred and judgement.
- 3 You comfort us in sorrow and bind up our wounds,
in sickness you nurse us, and with pure milk you feed us.
- 4 Jesus, by your dying we are born to new life;
by your anguish and labour we come forth in joy.
- 5 Despair turns to hope through your sweet goodness;
through your gentleness we find comfort in fear.
- 6 Your warmth gives life to the dead,
your touch makes sinners righteous.
- 7 Lord Jesus, in your mercy heal us;
in your love and tenderness remake us.
- 8 In your compassion bring grace and forgiveness,
for the beauty of heaven may your love prepare us.

from Anselm of Canterbury

**Glory to the Father and to the Son
and to the Holy Spirit
as it was in the beginning, is now,
and shall be for ever. Amen.**

The words of Psalm 44: 23-28

- ²³ Rouse yourself! Why do you sleep, O Lord?
Awake, do not cast us off forever!
- ²⁴ Why do you hide your face?
Why do you forget our affliction and oppression?
- ²⁵ For we sink down to the dust;
our bodies cling to the ground.
- ²⁶ Rise up, come to our help.
Redeem us for the sake of your steadfast love.

Silence

Prayers for others

Let us pray to God,
who alone makes us dwell in safety:

For all who are affected by coronavirus,
through illness or isolation or anxiety,
that they may find relief and recovery:
Lord, hear us,
Lord, graciously hear us.

For those who are guiding our nation at this time,
and shaping national policies,
that they may make wise decisions:
Lord, hear us,

Lord, graciously hear us.

For doctors, nurses and medical researchers,
that through their skill and insights
many will be restored to health:
Lord, hear us,

Lord, graciously hear us.

For the vulnerable and the fearful,
for the gravely ill and the dying,
that they may know your comfort and peace:
Lord, hear us,

Lord, graciously hear us.

We commend ourselves, and all for whom we pray,
to the mercy and protection of God.

Merciful Father,

accept these prayers

for the sake of your Son,

our Saviour Jesus Christ.

Amen.

*The **Lord's Prayer** is said together.*

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever. **Amen**

The service ends with:

Lord our God,

As with all creation we offer you the life of this new day, give us grace to love and serve to the praise of Jesus Christ our Lord. **Amen**

Let us bless the Lord

Thanks be to God.

Amen.

This short act of worship uses material taken from the Methodist Worship Book (1999) and the Common Worship: Daily Prayer, © The Archbishops' Council of the Church of England

adapted on 3/4/2020 by PN