

Wolverhampton Methodist Circuit's
Justice & Peace group invite you to

LOVE THE EARTH THIS LENT

For each week during lent there will be a
suggested action to show our love for the
EARTH

WEEK 4

14–20 MAR

ZERO FOOD WASTE

It's time to get creative in using left-overs and the veggies in the fridge about to go off. Can you go a whole week without throwing food away?

WEEK 4
**Zero food
waste week**

21–27 MAR
**Buy sustaina-
ble household
products**

28 MAR-3 APR
**Plant Bee
friendly seeds**